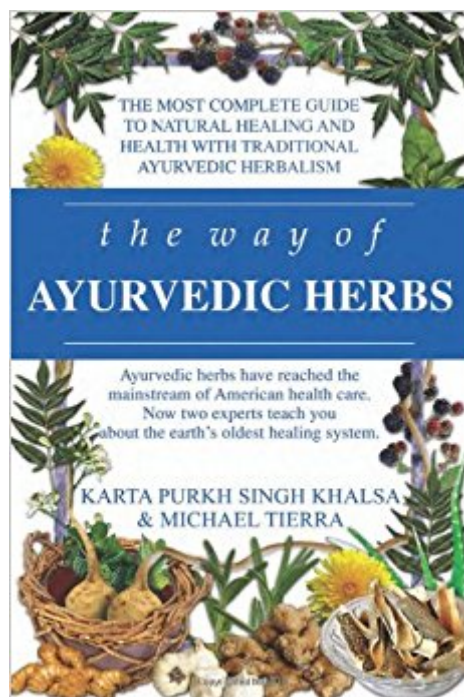




The book was found

The Way Of Ayurvedic Herbs: A Contemporary Introduction And Useful Manual For The World's Oldest Healing System



Synopsis

Ayurvedic herbs have reached the mainstream of health care - now two experts teach you about the earth's oldest healing system.

Book Information

Paperback: 400 pages

Publisher: Lotus Press; 1 edition (August 14, 2008)

Language: English

ISBN-10: 0940985985

ISBN-13: 978-0940985988

Product Dimensions: 6.1 x 0.8 x 9.1 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 38 customer reviews

Best Sellers Rank: #123,337 in Books (See Top 100 in Books) #33 in [Books > Health, Fitness & Dieting > Alternative Medicine > Ayurveda](#) #196 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#) #485 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#)

Customer Reviews

Good book. I use it a lot.

Great resource for learning more about using Ayurveda medicine in holistic medicine.

A fabulous resource and a quick reference by both herb and by condition. A must have for the Ayurvedic Herbalist.

Very informative and user friendly. Includes everything we need to know in well organized manner. Highly recommend this book .

Informative and life changing book, would highly recommend to others.

This is a very good reference book to people interested in herbal healing. The Ayurvedic healing principles can be applied here in the west including diet , herbs and using the spirit, mind and body concept. The healing practice was fine tuned by eaters of the mystic Soma (Amanita Muscaria,

Psilocybin mushrooms , opium and marijuana . Healing plants by their own nature. The ancients only had plants and diet to work with in the past to heal. This is a good discovery of a healing system with good credentials. Must add to all herbal libraries.

Good reference book.

solid info

[Download to continue reading...](#)

The Way of Ayurvedic Herbs: A Contemporary Introduction and Useful Manual for the World's Oldest Healing System How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue) Prakriti: Your Ayurvedic Constitution (Your Ayurvedic Constitution Revised Enlarged Second Edition) Growing Herbs: A Beginner's Guide on Growing the Most Useful Culinary Herbs at Home Heinerman's Encyclopedia of Healing Herbs & Spices: From a Medical Anthropologist's Files, Here Are Nature's Own Healing Herbs and Spices for Hundreds of Today's Most Common Health Problems The Ayurveda Way: 108 Practices from the World's Oldest Healing System for Better Sleep, Less Stress, Optimal Digestion, and More Herbs:How To Dry And Prepare Your Herbs - A Herbal Beginners Guide: :: Easy To Follow And Learn How To Dry And Store Your Herbs ONLY! American Medicinal Leaves And Herbs; Guide To Collecting Herbs and Using Medicinal Herbs and Leaves Drying Garden Herbs: The Ultimate Guide To Drying Herbs - Amazing Tips And Tricks On How To Easily Dry Fresh Herbs Medicinal Herbs: Aromatherapy, Essential Oils and Medicinal Herbs To Improve Your Health (Medicinal Herbs For Beginners Book 1) The Oldest Soul - Animus (The Oldest Soul Trilogy) (Volume 1) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) The Yoga of Herbs: An Ayurvedic Guide to Herbal Medicine Rosemary Gladstar's Medicinal Herbs: A Beginner's Guide: 33 Healing Herbs to Know, Grow, and Use Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) HMS Victory Manual 1765-1812: An Insight into Owning, Operating and Maintaining the Royal Navy's Oldest and Most Famous Warship (Owners' Workshop Manual) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal

Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)